



Taustine Eye Center

Laser Surgery Center

Lloyd R. Taustine, M.D.
Cataract & Refractive Surgery

Brian K. Kritchman, M.D.
Diseases of the Retina & Vitreous

Robert D. Williams, M.D.
Glaucoma Consultation & Surgery

John R. Gleason, M.D.
Comprehensive Ophthalmology

James D. Hurt, O.D.
Comprehensive Optometry

Julie Hogan, O.D.
Comprehensive Optometry

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4001 Dutchmans Lane
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INSTRUCTIONS FOLLOWING CATARACT SURGERY

1. Avoid bumping the operated eye. At bedtime wear the metal shield the first week after surgery.
2. Sensitivity to light and watering of the eye is normal during the first month. Wearing an eye pad or dark glasses will help these symptoms and is optional.
3. Minor crusting and discharge adherent to the lid margins will occur. Cleanse the lids by applying a warm compress four times a day. Take a clean washcloth, add warm tap water, squeeze out the excess and apply for five to ten minutes.
4. Use of either the operated or unoperated eye is not harmful. Until the new lenses are prescribed, the operated eye will be out of focus and will not see details clearly. You may watch television. Prolonged reading is not recommended if it produces discomfort.
5. You may do everything necessary to care for yourself, including hair care, tooth brushing, dressing, bathing, etc. Light work, including bending over is not harmful. Avoid heavy lifting or any lifting with the head dependent.
6. Medications:
Zymar - 1 DROP 4 TIMES A DAY IN THE OPERATED EYE.
Pred Forte - 1 DROP 4 TIMES A DAY IN THE OPERATED EYE.

7. Appointment: _____
8. Other: _____

9. Transient scratching is normal. Pain or loss of sight is not. Please call if any problems arise during the healing period. If an emergency does arise, Please call Dr. Taustine at home at (502) 327-9096

