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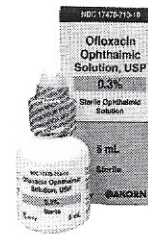
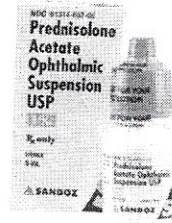
TAKING CARE OF YOUR EYE FOLLOWING CATARACT SURGERY

1. The general rule is **don't touch the eye**. Touching or rubbing the eye the first week can introduce infection to the eye or even dislocate the implant. Avoid situations where you might get bumped in the eye. We advise using the shield at bedtime for the first five days after surgery
 2. Sensitivity to light and watering of the eye is normal during the first month. Wearing an eye pad or dark glasses will help these symptoms and is optional.
 3. **Keep water out of the eye**. If you shower, be sure the water strikes your body below the neck. Minor crusting and discharge adherent to the lid margins will occur. Cleanse the lids by applying a warm compress. Take a clean washcloth, add warm tap water, squeeze out the excess and apply for five to ten minutes.
 4. Use of either the operated or unoperated eye is not harmful. Until the new lenses are prescribed, the operated eye will be out of focus and will not see details clearly. You may watch television. Prolonged reading is not recommended if it produces discomfort.
 5. You may do everything necessary to care for yourself, including hair care, tooth brushing, dressing, preparing meals. Light work, including bending over is not harmful. Avoid heavy lifting or any lifting with the head dependent.
 6. Medications:
Antibiotic Drops (Ofloxacin or Zymaxid) one drop four times a day.
Anti-inflammatory (Prednisolone or Durezol)
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7. Appointment: _____
 8. Other: _____
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9. Transient scratching is normal. Pain or loss of sight is not. Please call if any problems arise during the healing period. If an emergency does arise, the office phone is answered 24 hours a day. Your call will be returned.

Taustine Eye Center

MEDICATION SCHEDULE AFTER CATARACT SURGERY

Wait at least 2 minutes between drops



DATE	DAY AFTER SURGERY	PREDNISOLONE (White or Pink Top) SHAKE before use	OFLOXACIN (Tan Top)
	1	1 2 3 4	1 2 3 4
	2	1 2 3 4	1 2 3 4
	3	1 2 3 4	1 2 3 4
	4	1 2 3 4	1 2 3 4
	5	1 2 3 4	1 2 3 4
	6	1 2 3 4	
	7	1 2 3 4	
	8	1 2 3	
	9	1 2 3	
	10	1 2 3	
	11	1 2 3	
	12	1 2 3	
	13	1 2 3	
	14	1 2 3	
	15	1 2	
	16	1 2	
	17	1 2	
	18	1 2	
	19	1 2	
	20	1 2	
	21	1 2	
	22	1	
	23	1	
	24	1	
	25	1	
	26	1	
	27	1	
	28	1	